

Some information

Sharon Girling



Great film

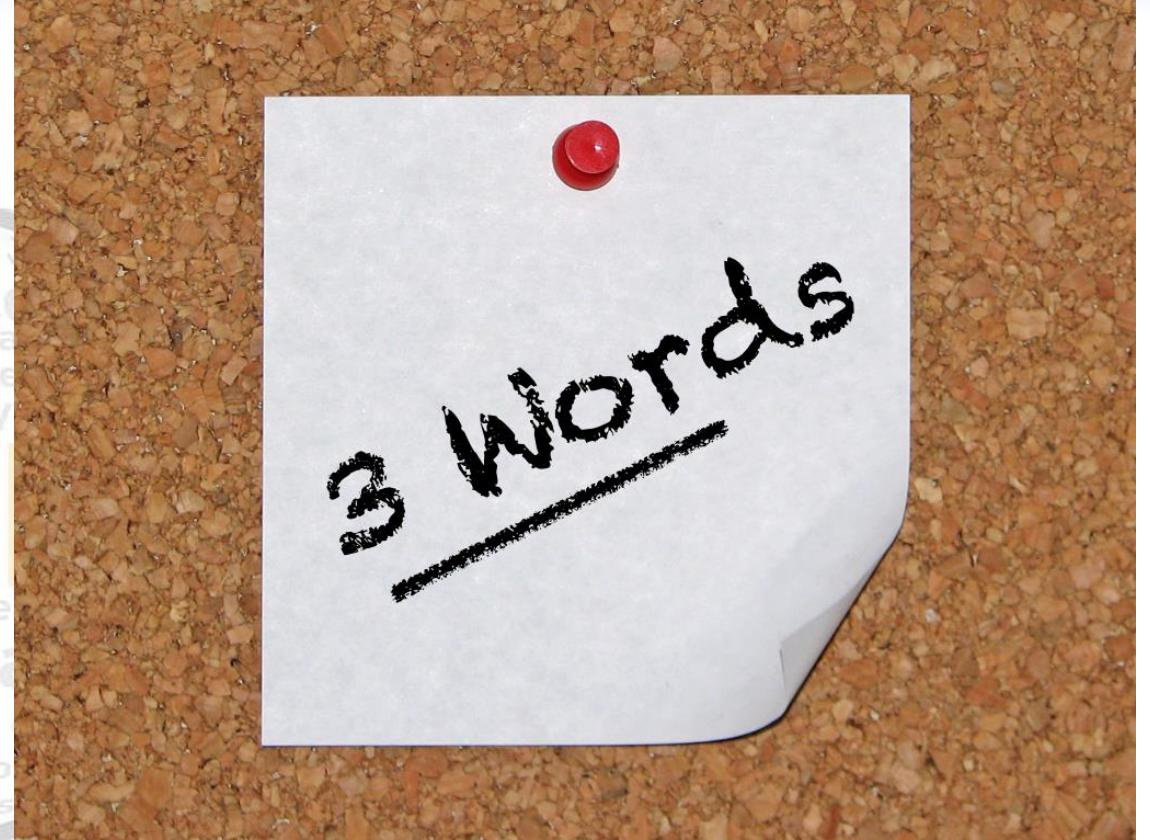
Capture Who's looking after the children?

<https://www.ft.com/video/ea39f3a9-8993-477d-a763-317ba51c2e75>



Digits in passwords

12



SP1d3Rm@ns!

Check out Last Pass

Quiz

Parental controls on your router?

Quiz

1. Log in to service provider account via a webpage with your ID.

2. Scroll down to and click on the Manage your extras button followed by clicking on Manage **Parental Controls**.

3. Select Manage Settings under **Parental Controls** and choose the Set **filter level** tab.

4. Select devices/accounts that are connected that you want to install the controls on.

Your security

Use our security tools to protect you from threats such as identity theft, harmful website content, viruses and more.

Broadband security

BT Web Protect

Included with your BT Broadband

Stay protected from harmful websites.

Switch off

[Learn more >](#)

BT Parental Controls

Included with your BT Broadband

Helps you control the websites and search images your children can see online.

Switch on

[Learn more >](#)

BT Cloud

Included with your BT Broadband

Securely back up and share your files, photos, videos and more.

Activate

[Learn more >](#)

BT Virus Protect

Included with your BT Broadband

Keep your personal information and up to 2 devices safe wherever you are.

Activate

[Learn more >](#)

Norton Password Manager

Included with your BT Broadband

Create, store, and manage your passwords and other online credentials.

Activate

[Learn more >](#)

BT Wi-Fi Controls

Included with your BT Broadband

Manage your family's screen time and pause the internet when you want.

[Download the My BT App](#)

Your parental controls filter

Block undesirable content with a pre-set filter.

Current filter: Light

[Change >](#)

Allowed and blocked websites

Add websites you want to be able to access despite your other settings.

Your allowed websites: 0

Add websites you want to block access to at all times.

Your blocked websites: 0

[Change >](#)

Your parental controls timings

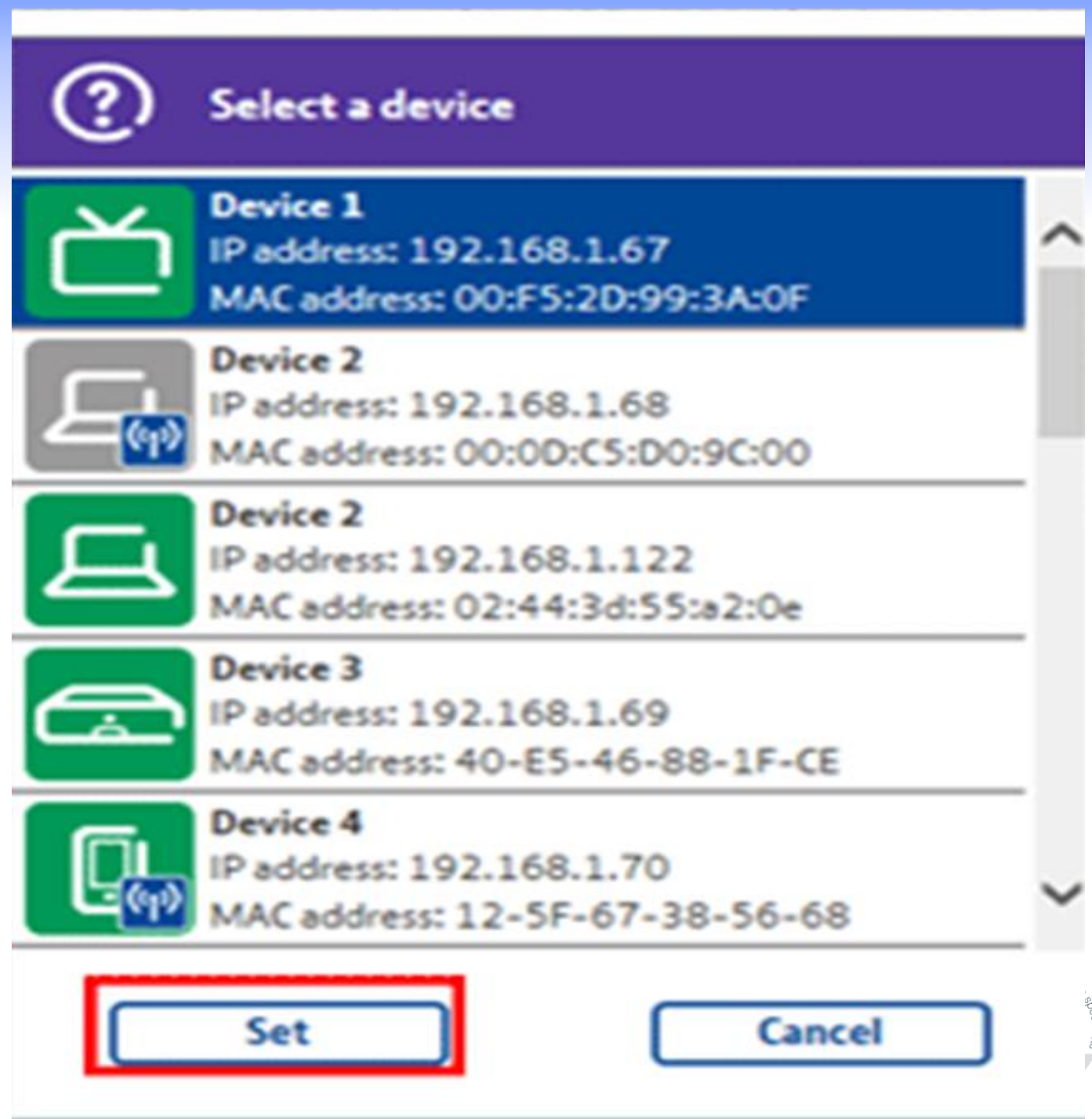
Choose when to automatically suspend your parental controls.

Time Settings: Off

[Change >](#)



Select the device or account you wish to apply the settings to.



Your parental controls filter

Block undesirable content with a pre-set filter.

Please choose

- | | | |
|---|---|--|
| <input checked="" type="checkbox"/> Pornography | <input checked="" type="checkbox"/> Obscene and tasteless | <input checked="" type="checkbox"/> Hate and self-harm |
| <input checked="" type="checkbox"/> Drugs | <input checked="" type="checkbox"/> Alcohol and tobacco | <input checked="" type="checkbox"/> Dating |
| <input type="checkbox"/> Nudity | <input type="checkbox"/> Weapons and violence | <input type="checkbox"/> Gambling |
| <input type="checkbox"/> Social networking | <input type="checkbox"/> Fashion and beauty | <input type="checkbox"/> File sharing |
| <input type="checkbox"/> Games | <input type="checkbox"/> Media streaming | <input type="checkbox"/> Search engines |
| <input type="checkbox"/> Sex education | | |

Save

Cancel

Your parental controls filter

Block undesirable content with a pre-set filter.

Please choose

Moderate 

- | | | |
|---|---|--|
| <input checked="" type="checkbox"/> Pornography | <input checked="" type="checkbox"/> Obscene and tasteless | <input checked="" type="checkbox"/> Hate and self-harm |
| <input checked="" type="checkbox"/> Drugs | <input checked="" type="checkbox"/> Alcohol and tobacco | <input checked="" type="checkbox"/> Dating |
| <input checked="" type="checkbox"/> Nudity | <input checked="" type="checkbox"/> Weapons and violence | <input checked="" type="checkbox"/> Gambling |
| <input checked="" type="checkbox"/> Social networking | <input type="checkbox"/> Fashion and beauty | <input type="checkbox"/> File sharing |
| <input type="checkbox"/> Games | <input type="checkbox"/> Media streaming | <input type="checkbox"/> Search engines |
| <input type="checkbox"/> Sex education | | |

Save Cancel

Your parental controls filter

Block undesirable content with a pre-set filter.

Please choose

- | | | |
|---|---|--|
| <input checked="" type="checkbox"/> Pornography | <input checked="" type="checkbox"/> Obscene and tasteless | <input checked="" type="checkbox"/> Hate and self-harm |
| <input checked="" type="checkbox"/> Drugs | <input checked="" type="checkbox"/> Alcohol and tobacco | <input checked="" type="checkbox"/> Dating |
| <input checked="" type="checkbox"/> Nudity | <input checked="" type="checkbox"/> Weapons and violence | <input checked="" type="checkbox"/> Gambling |
| <input checked="" type="checkbox"/> Social networking | <input checked="" type="checkbox"/> Fashion and beauty | <input checked="" type="checkbox"/> File sharing |
| <input checked="" type="checkbox"/> Games | <input checked="" type="checkbox"/> Media streaming | <input type="checkbox"/> Search engines |
| <input type="checkbox"/> Sex education | | |

Save

Cancel

Allowed and blocked websites

Add websites you want to be able to access despite your other settings.

Your allowed websites:

Done


Add websites you want to block access to at all times.

Your blocked websites:

Your parental controls timings

Choose when to automatically suspend your parental controls.

Choose days

From

To

[Reset >](#)

Choose extra settings for homework time

Block all distractions like social media, chat and games at specific times.

Choose days

From

To

[Reset >](#)

Save

Cancel

Quiz

**Keep track of what your child
uses the internet for?**

Quiz

Solution

Parental Supervision

<https://families.google.com/families>

Guide them to good content

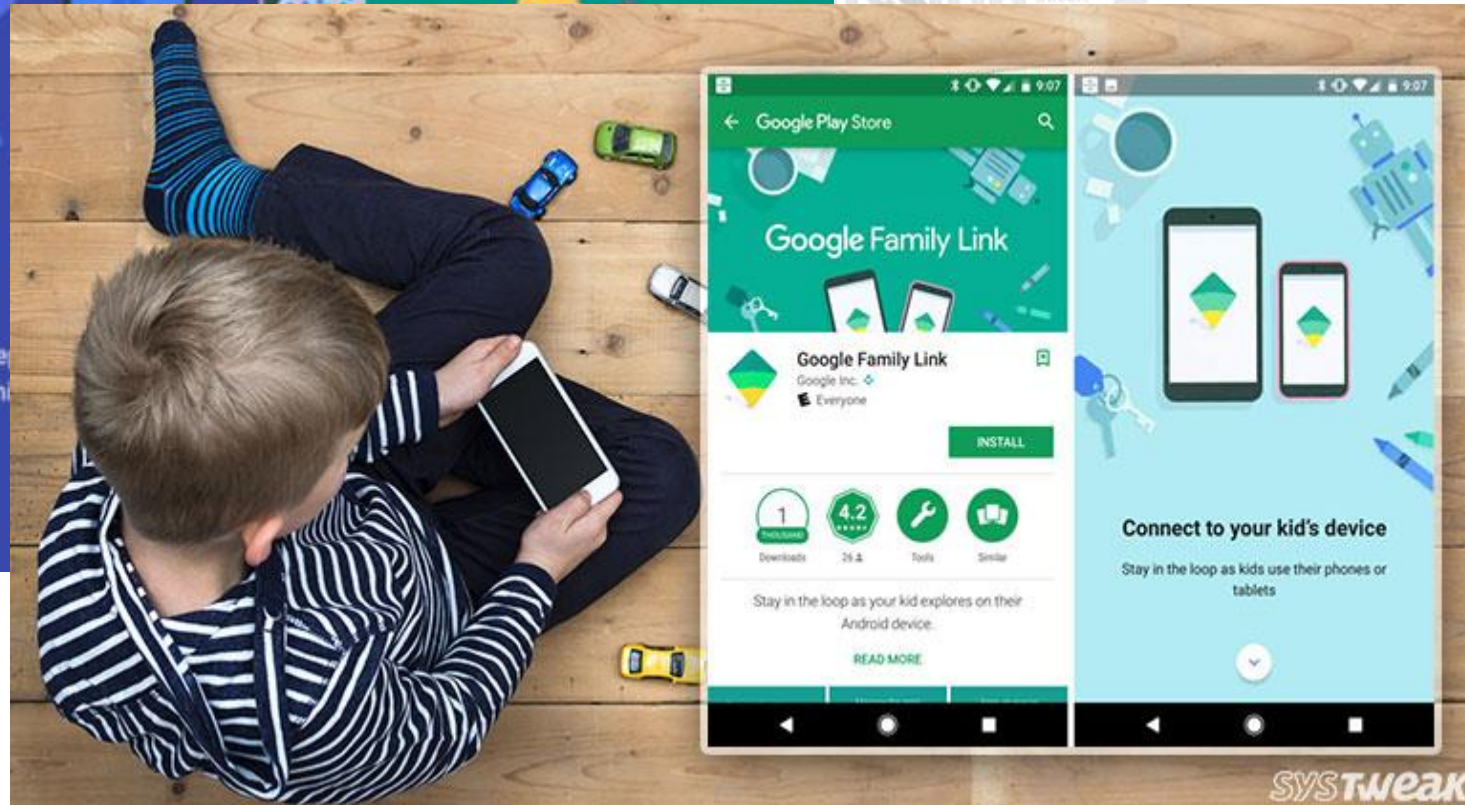
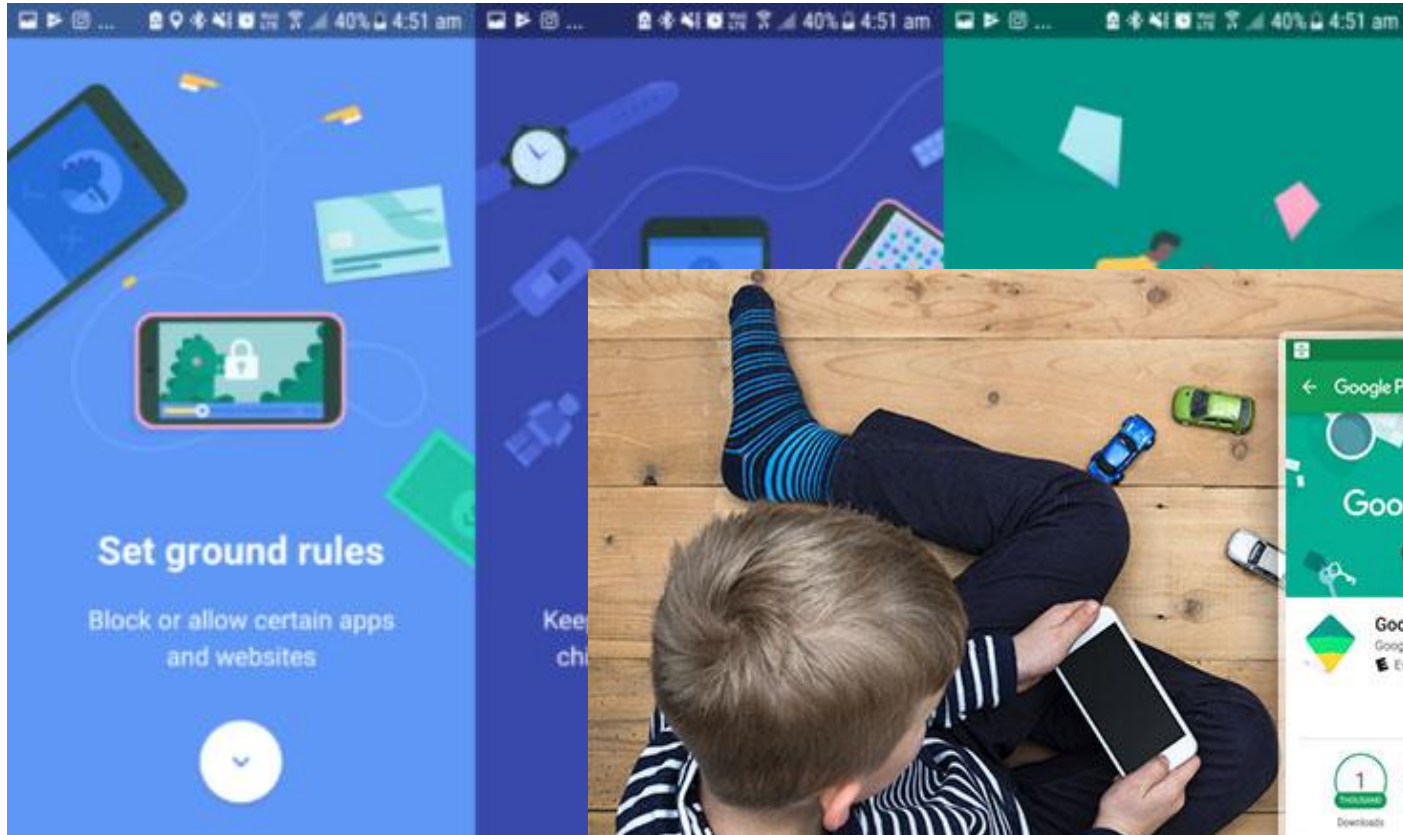
Set screen time and limits

See where they are

Feed their curiosity

Manage their apps

Lock their device



Parental supervision

Apple

Try:

- Find my phone
- Screen time (manages content, time etc)
- Parental controls

Android

Try:

- Drag done from the top screen
- Scroll to Kids
- Set up the parental controls

Useful resources



Google - Safe Search



Search Settings

Search results

SafeSearch Filters


Languages

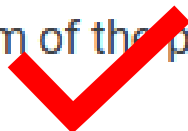
Turning on SafeSearch helps hide explicit content, like pornography. SafeSearch preferences may be set by your device or network administrator. If you can't turn it off, check with the administrator of your network or device.

Help

Turn on SafeSearch [Learn more](#)

Turn SafeSearch on or off

1. Go to [Search Settings](#) .
2. Under "SafeSearch filters," check or uncheck the box next to "Turn on SafeSearch."
3. At the bottom of the page, select **Save**.



Reach an agreement

Agreement

- 1. Agree the length of time a child spends online a day.*
- 2. One evening a week devices are away*
- 3. Not share pics they wouldn't share with their teacher*
- 4. Limit financial transactions*
- 5. Webcam usage*
- 6. Checking devices*

Signed
Child



Signed
Parent

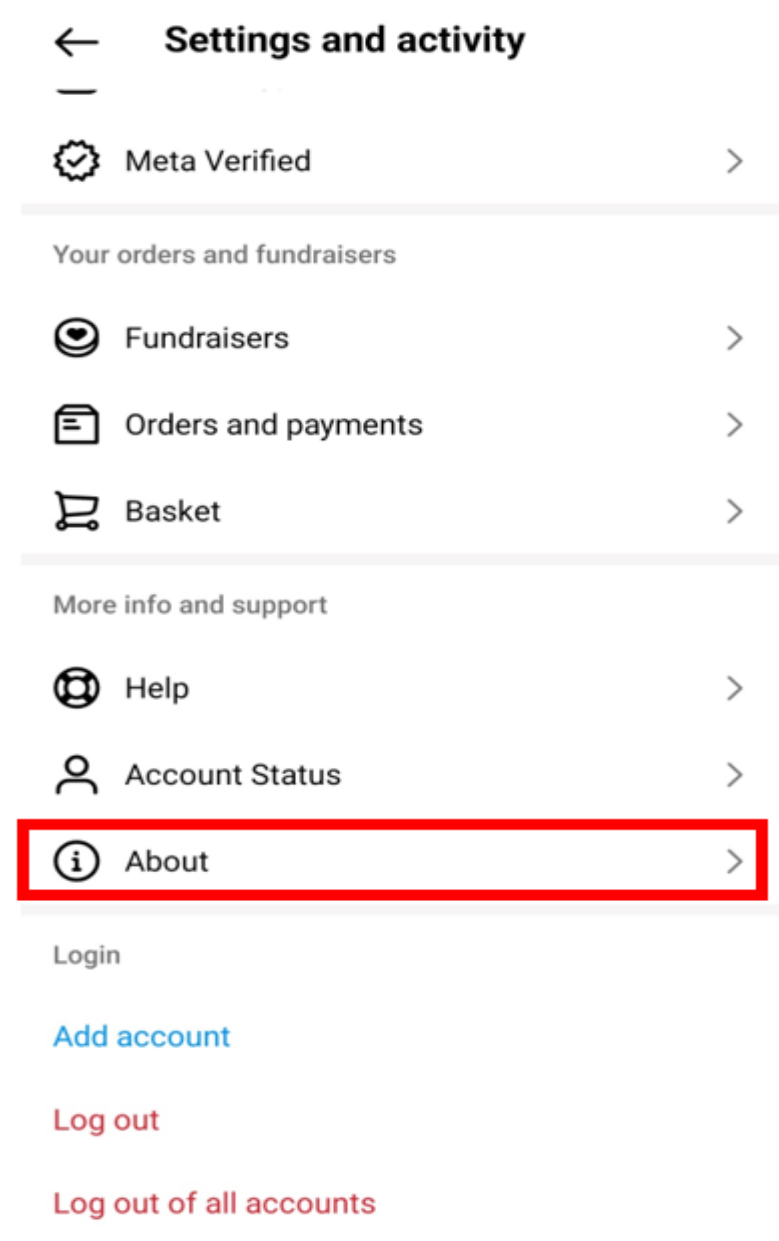
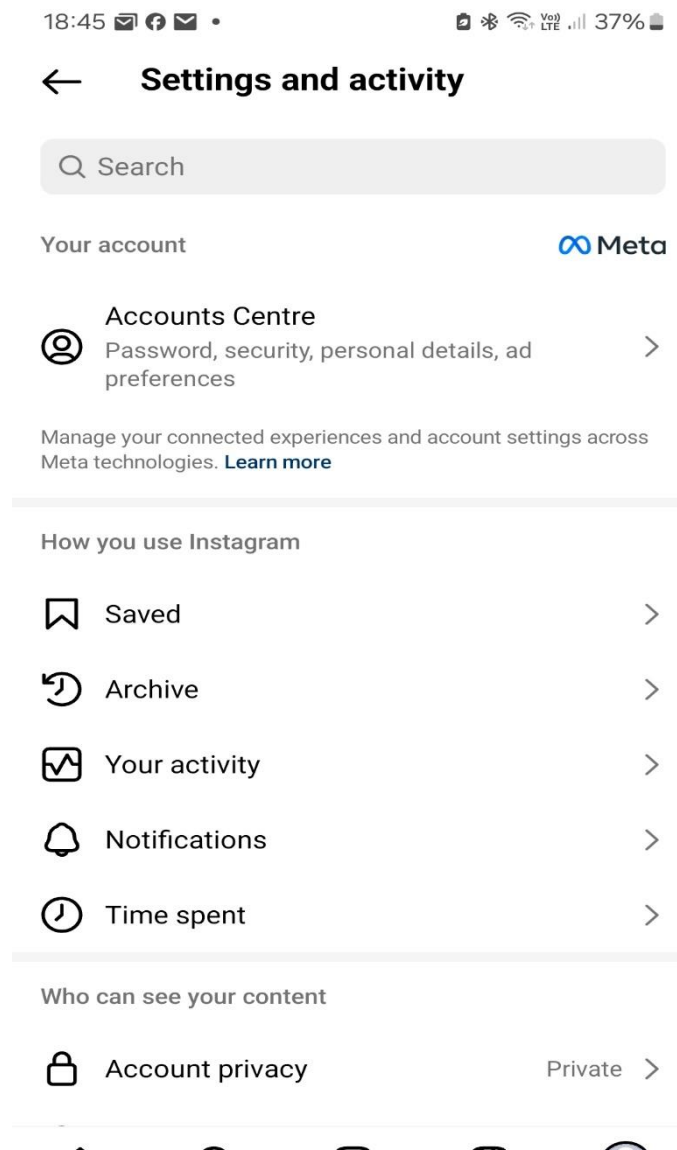
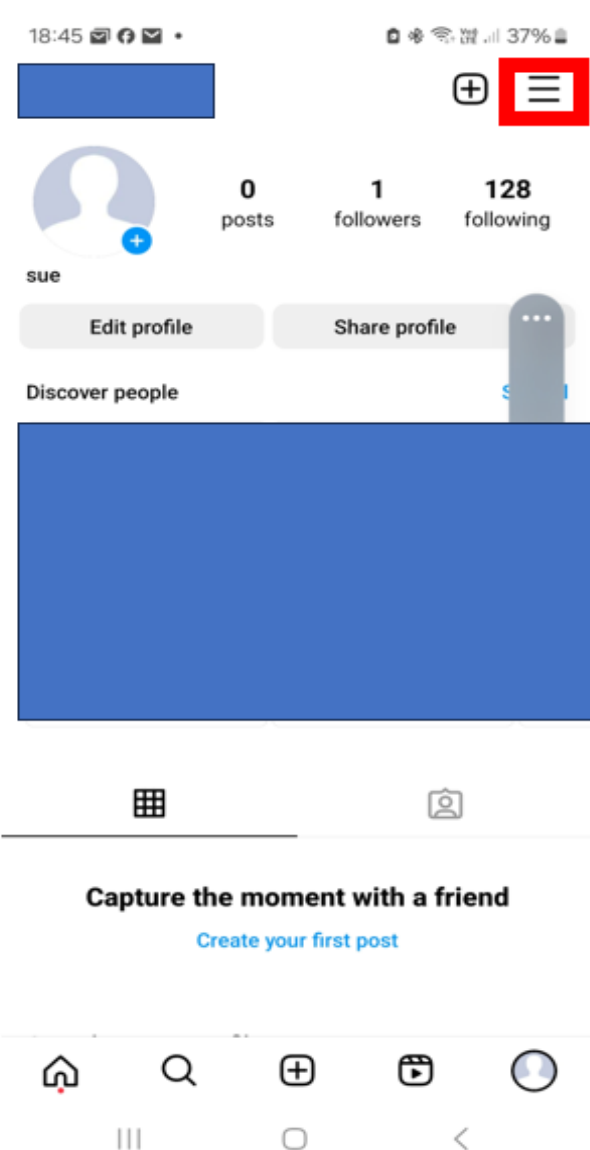
*

Quiz

Setting devices

Quiz

Be in control - Meta



← Privacy Policy

our [Privacy Policy](#).

Country of residence

(Required)

Select a country

Email address

(Required)

Please tell us how this processing impacts you.

(Required)

Please provide any additional information that could help us review your objection.

(Optional)

Submit

Privacy Policy

Meta



Privacy Policy

We're updating our Privacy Policy, including how we use your information for [AI at Meta](#). Learn more about your [right to object](#) to how your information used for these purposes. The updates go into effect on 26 June 2024. [Read the new policy.](#)

What is the Privacy Policy and what does it cover?

Effective from 27 December 2023 | [View latest version](#) | [See previous versions](#)



Highlights

← Privacy Policy



Instagram

How can we help?

Help Centre

Object to your information being used for AI at Meta

You have the right to object to Meta using the information you've shared on our Products and services to develop and improve AI at Meta. You can submit this form to exercise that right.

AI at Meta is our collection of generative AI features and experiences, like Meta AI and AI Creative Tools, along with the models that power them.

Information you've shared on our Products and services could be things like:

- Posts
- Photos and their captions
- The messages you send to an AI

We do not use the content of your private messages with friends and family to train our AIs.

We'll review objection requests in accordance with relevant data protection laws. If your request is honored, it will be applied going forward.

We may still process information about you to develop and improve AI at Meta, even if you object or don't use our Products and services. For example, this could happen if you or your information:

Appear anywhere in an image shared on our Products or

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Fill out this form
requesting they do not use
your information

18:48 [mail icon] [facebook icon] [email icon] [battery icon] 37%

← **Privacy Policy**

our [Privacy Policy](#).

Country of residence
(Required)

Select a country ▾

Email address
(Required)

Please tell us how this processing impacts you.
(Required)

Please provide any additional information that could help us review your objection.
(Optional)

Submit

ABOUT US HELP API JOBS TERMS PRIVACY



Be in control

Lock camera and microphone

1. Right-click the Start button.
2. Click Device Manager.
3. Click the dropdown arrow next to Imaging devices.
4. Right-click Integrated Camera — note that this could change depending on the hardware in your laptop.
5. Click Disable.
6. Click Yes.

Be in control



what3words



They divided the world into 3 metre squares and gave each square a unique combination of three words.

Be in control

Android

1. Settings
2. Tap your Samsung Account on the top of the menu
3. Find my phone



Find my phone

iPhone

1. Click Apple ID at top
2. iCloud
3. Find my iPhone



Solution

Android



Advertisements

iPhone

- 1. Settings**
- 2. Google**
- 3. Manage your Google account**
- 4. Data & Privacy**
- 5. Personalised Ads – Turn to off**

- 1. Settings**
- 2. Privacy & Security**
- 3. Apple Advertising**
- 4. Personalised Ads**

They will not use your personal info to deliver them

Be in control

Android

1. Settings
2. Digital Wellbeing
3. Screen time goal
4. Set times or check usage



Screen Time

iPhone

1. Settings
2. Screen time
3. App & Website activity
4. Devices
5. Tap Week or day to view

Be in control

iPhone



- 1. Dim your screen slightly**
 - **Control Centre and drag the Brightness slider.**
 - **Settings > General > Accessibility > Display Accommodations and set Auto-Brightness to On**

Save Battery

iPhone

- 2. Use Wi-Fi rather than data**
 - **Settings > Wi-Fi to access a Wi-Fi network.**

Be in control



Android

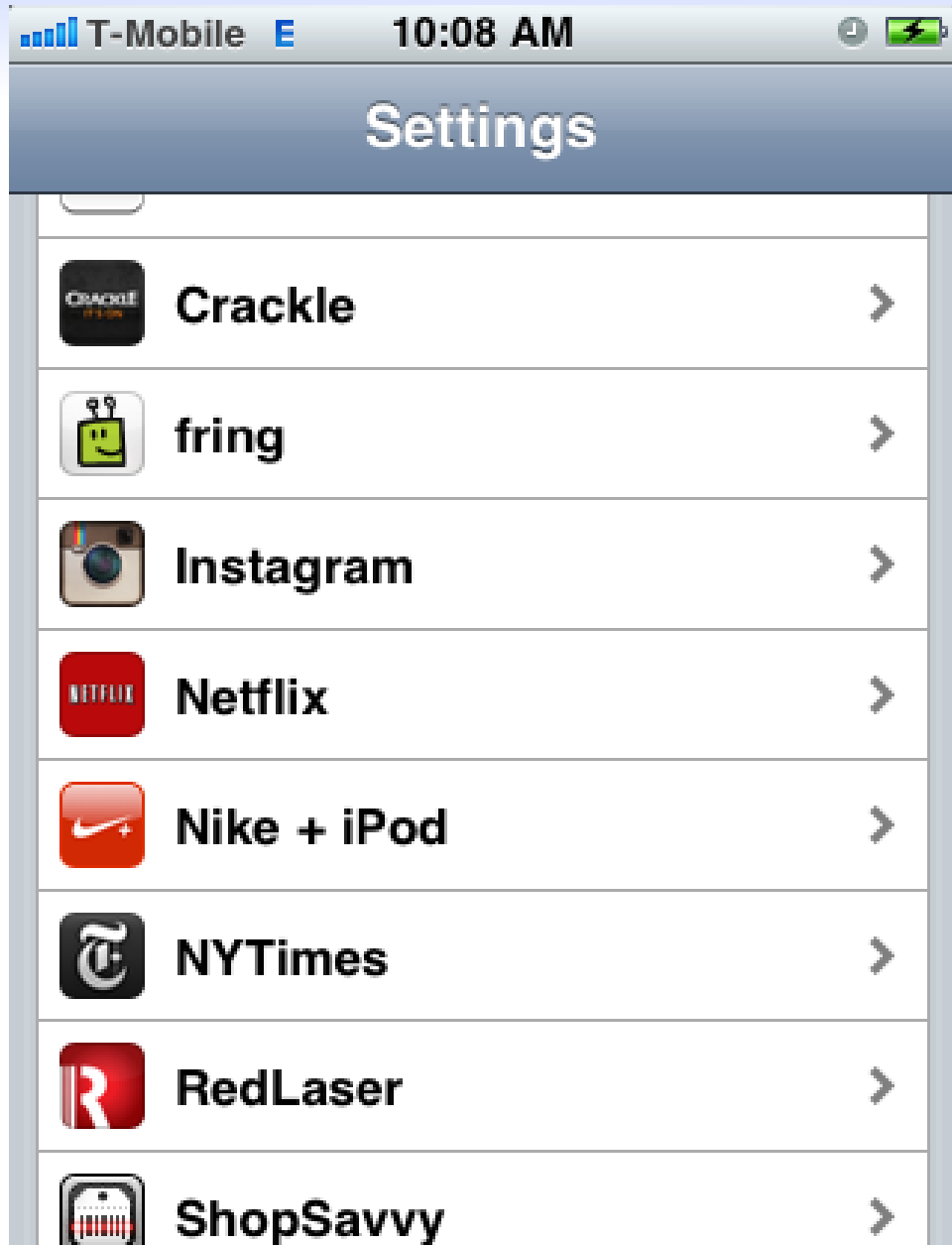
- **Settings**
- **Device Care**
- **Battery**
- **Power saving**

Save Battery

Android

1. **Reduce screen brightness**
2. **Turn off Wi-Fi and Bluetooth scanning**
3. **Settings, Battery, Battery usage - Adjust**

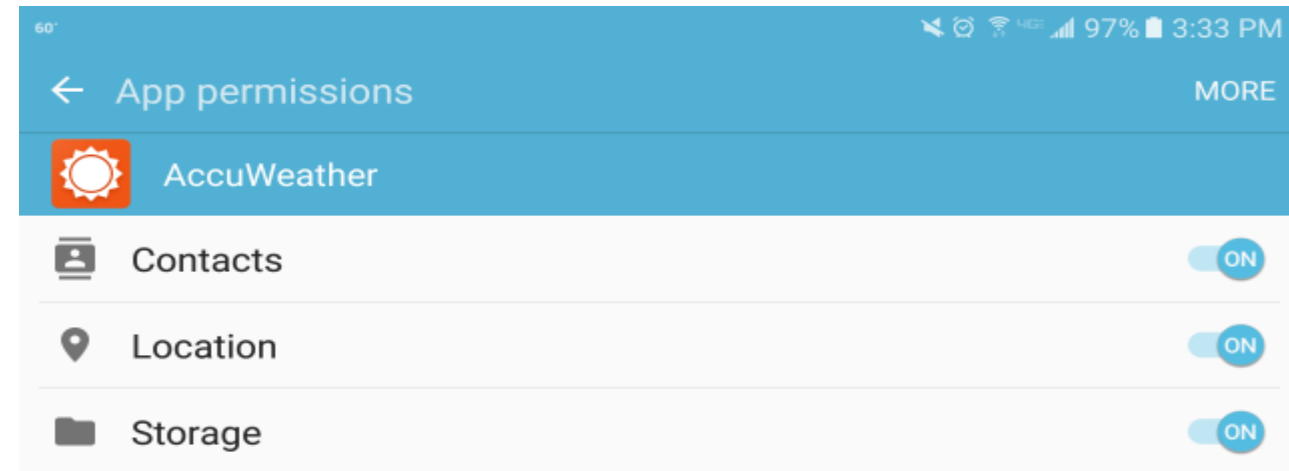
Be in control



App Permissions

iPhone

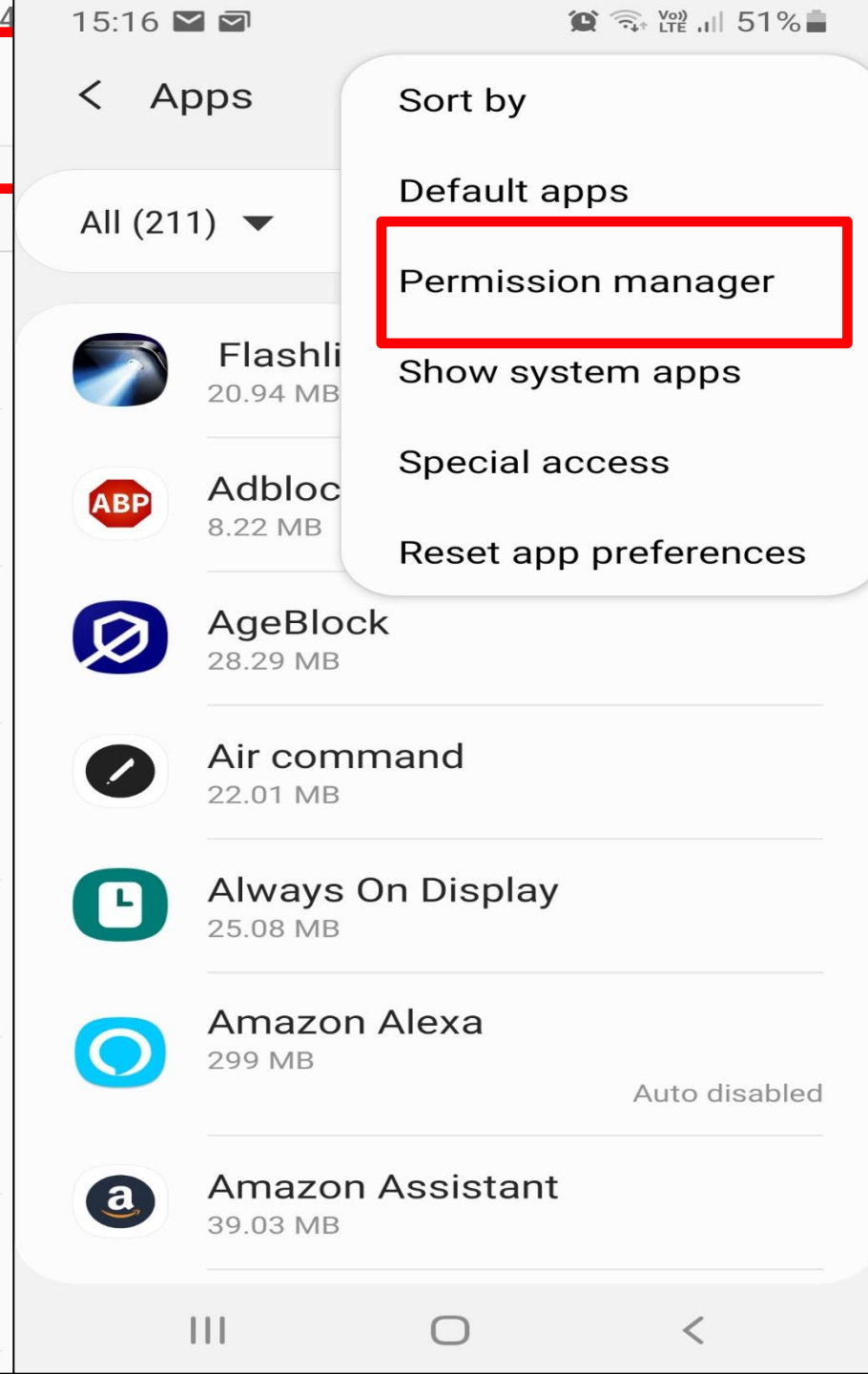
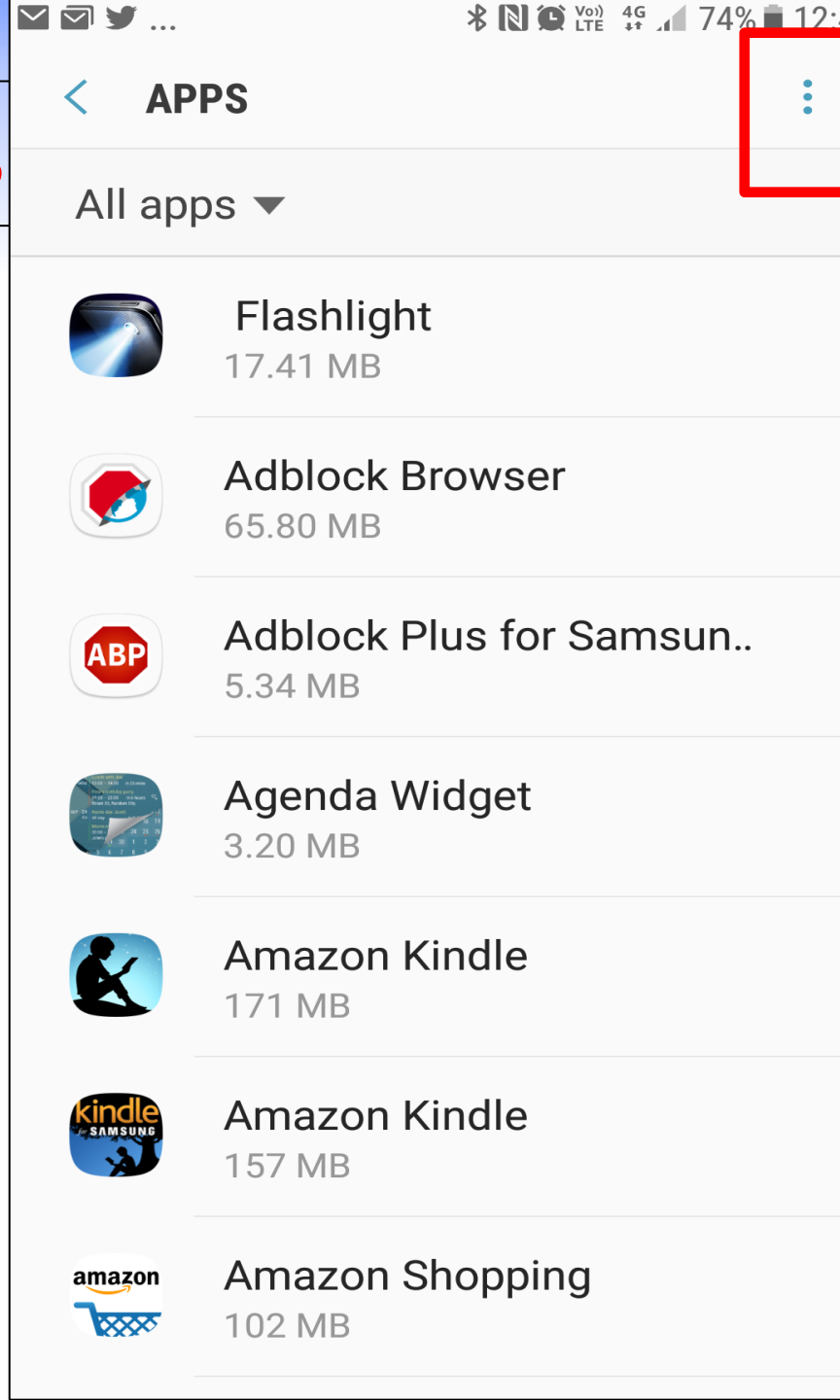
1. Settings
2. Scroll down to Apps



App Permissions

Android

1. Settings
2. Apps



← App permissions

Body sensors
1 of 3 apps allowed

Calendar
9 of 22 apps allowed

Call logs
7 of 9 apps allowed

Camera
14 of 65 apps allowed

Contacts
28 of 80 apps allowed

Location
27 of 81 apps allowed

Microphone
15 of 42 apps allowed

SMS
11 of 19 apps allowed

Camera

Apps with this permission can take pictures and record video

Allowed all the time

No apps allowed

Allowed only while in use

Camera
Last accessed 11:32

Chrome

Email

Instagram

Maps

Meet

Messages



Remember if it goes wrong.....



They may need your help!!